



MODULE 1 | **Jesus & Me**

# **Training Guide**

# Module Overview

## MODULE 1 | Jesus & Me

**This module is designed to help you prayerfully proclaim the good news of Jesus to people as you tell them the story of how Jesus met and changed you.**

1. Listen and Share
2. People and Prayer
3. Trained and Ready
4. Creation and Identity
5. Fall and Brokenness
6. Redemption and Security
7. Re-creation and Hope
8. Transformation and Change
9. Telling My Story
10. Living My Story

### **Each session includes these components:**

1. **INTRO.** Each session starts with a short training video.
2. **TRAIN.** Build our confidence and competence in evangelism by working through Biblically grounded training material.
3. **SHARE.** Talk through evangelistic opportunities in the past week, whether these are stories of successes, 'fails,' or simply interesting conversations with potential.
4. **PRAY.** Praise God for His love, salvation, and the privilege of evangelism. Ask God to save our family and friends and speak through us to them.
5. **HOMEWORK.** Revisit session content from a different angle to consolidate our learning.

### **Module Goals**

- Learn a gospel framework to help us better understand what God has done for us in Christ.
  - So that we continue to grow closer to God and more willing and able to glorify Him.
- Practice articulating the gospel (= God's story) and how it intersects with our story.
  - So that we can talk with others about Jesus and the difference knowing Him makes.
- Pray for our family and friends who don't know Jesus yet.
  - So that they might share in knowing Jesus with us.

## Session 6

# Redemption and Security

*Resting securely in God's love. Through His death and resurrection, Jesus forgives me and reconciles me to God.*

### Session Introduction

Watch the introduction video for Session 6 and listen to Karen encourage us to speak about the death and resurrection of Jesus. Then Jakob and Esperanza will give you an introduction to Session 6: Redemption and Security.

In previous sessions we reflected on two stages of God's Story – Creation and Fall. You'll find a summary diagram at the end of the session. To help us revise, share with each other something that stood out for you in the Gospel presentation 'Two ways to live'.

- Did you have any questions about the presentation?

### Train

#### **God's Story: Redemption**

This week we focus on Redemption. God loves us and frees us from our sin and its consequences. He does this through the death and resurrection of Jesus. This is the Bible's answer to the question 'how can I be safe in a broken world?'

#### **Read Romans 5:1-11.**

Answer the following questions using the table on the next page:

1. Before
  - a. How are people described *before* they become Christian?
  - b. What are their circumstances like?
2. After
  - a. How are people described *after* they become Christian?
  - b. What are their circumstances like?
3. How do people move from 'before' to 'after'?

**How and why God saves us through the death and resurrection of Jesus.** Romans 5:1-11.

Before	After
<b>How?</b>	

- Look at the table. Try to express each idea in your own words, without using any Christian jargon.
  
- Does anything strike you or surprise you?
  
- How do people know God loves them?



3. How does knowing that God loves me bring me joy, peace or security? Illustrate this with a specific, real-life example and remember to say something about Jesus' death and resurrection.

### **Share**

Share any stories of evangelistic opportunities in the past week: successes, failures, answered prayers, and interesting conversations. Take brief notes to remind you of what to pray for. If many of you have lots to say, consider breaking up into groups of three to four people now.

- What opportunities has God given you to share Jesus with others this week?
- Which people would you like to share Jesus with next week? When will you talk with them?

### **Pray**

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

Romans 10:9-10 (NIV)

In groups of three or four people:

- | Praise God for loving us so much that Jesus died for us.
- | Ask God for increasing confidence that Jesus is the risen Lord who saves.
- | Ask for opportunities to share your story about the God who gives us security in a broken world.
- | Thank God and pray for the conversations or friends that people shared about earlier.

## Homework

It's important to be able to speak clearly about how Jesus saves us through His death and resurrection so we're going to practise!

→ Reflect

Which of the pictures used to describe Jesus' work on the cross – justified, redeemed, reconciled, saved – most resonates most with you at the moment? Why?

- Notice that this is not quite the same as telling the story about how you became a Christian.

This question asks you to reflect on how trusting Jesus' death and resurrection continues to impact your life now.

- Illustrate your answer with a specific, real-life example of how trusting Jesus gives you security in a broken world.
- Include aspects of both the life Jesus has saved you *from* and the life Jesus saves you *for*.
- Remember to mention Jesus' death and resurrection and avoid Christian jargon.

→ Write out a paragraph to share with the group next session.

Think of the friends you are praying for. For each friend, consider how they would answer the question: What or whom do I trust to give me security, peace and joy? Take time to consider how their lives would be better if they knew Jesus.

# Summary Table

**Key Concepts and Questions for each gospel theme.**

	<b>God's story:</b> How does the Bible answer these questions?	<b>My story:</b> How do I answer these questions? How do my friends answer these questions?
<b>Creation and Identity</b>	<p>What does it mean to be created in God's image?</p> <p>What does God think about us and the world He created?</p>	<p>Who am I? Who are we?</p> <p>What is my purpose?</p> <p>Why do I matter? Why do you matter?</p> <p>How does being created by God bring me joy or rest?</p>
<b>Fall and Brokenness</b>	<p>What is sin and what are its consequences?</p> <p>What went wrong with the world God created?</p>	<p>What is wrong with me (us)?</p> <p>Why is the world so broken?</p> <p>Why can't we fix things?</p> <p>Is God's justice something to look forward to or fear?</p>
<b>Redemption and Security</b>	<p>How does Jesus save us?</p> <p>Why does Jesus save us?</p>	<p>How can I be safe in a broken world?</p> <p>Why am I confident God loves me?</p> <p>What does Jesus save me from?</p> <p>What type of life does Jesus save me (us) for?</p>





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